



**Shankarlal Khandelwal Arts,
Science and Commerce College, Akola.**

**Annual report of
PSYCHO-SOCIO COUNSELLING & PERSONALITY
DEVELOPMENT COMMITTEE**

2022-2023



Coordinators

Dr. Nisha Warade

Members

Dr. Sandhya Kale

Mr. Ravindra Rewaskar



Education for Life and Life for Nation

Introduction:

The Psycho-Socio Counseling & Personality Development Committee in College has been formed to address the diverse psychosocial, personal and academic problems of the heterogeneous population of students.

Objectives:

- To run course to cater different need of the students for their all-round development.
- To impart soft skills, life skills and professional skills to the students.
- To design and run add on course and to deal with every aspect related to it.

Psycho-social Counseling Committee aims to assess the prevalence of psycho-social dysfunctions among the college students (If any) which ultimately impairs their normal psychosocial development and academic performance. Psycho-social Counseling cell works for improving the different psychological attributes among the students and in this view the cell, during the session 2022-23, flashed notices on notice boards for students to communicate their Psycho-social problems. The committee also asked all teaching and non-teaching staff to communicate the names of the students who need the counseling.

During the session 2022-23, following students were counseled by discussing and solving their problems/issues whenever necessary regarding syllabus, examination, study material, personal problems, yoga, meditation etc., along with the regular teaching by all the teaching staff members. The purpose of these sessions was to know the student's academic as well as personal difficulties. For this, committee members conducted individual meet for solving sensitive issues. Counseling was also rendered to the advanced learners towards excellence and qualitative results in academics.

Committee Meetings:

Sr. No.	Date of the Meeting	Agenda of the Meeting	Minutes of the Meeting
1.	01/10/2022	<ul style="list-style-type: none"> To plan the forthcoming sessional activities. Any other subject with the permission of the Chair. 	<ul style="list-style-type: none"> 1) Hon. Chairperson suggested conducting sessions for the counseling of students regarding their personal, academic, psychological problems. A guest lecture on the nutritional need of students & traditional vegetables exhibition was arranged.
2.	02/01/2023	<ul style="list-style-type: none"> Confirmation of the minutes of the last meeting held on 01.10.2022 Review of the work done. Subject with the permission of the Chair. 	<ul style="list-style-type: none"> 1) Minutes of the last meeting held on 01.10.2022 were read and confirmed. 2) Counseling of students done by committee members regarding their personal, academic, psychological problems along with regular classes.
3.	13/05/2023	<ul style="list-style-type: none"> Confirmation of the minutes of the last meeting held on 02.01.2023 Review of the work done. Subject with the permission of the chair. 	<ul style="list-style-type: none"> 1) Minutes of the last meeting held on 02.01.2023 were read and confirmed. 2) Program was arranged on 'Stay calm, stay happy' on 04th Feb 2023 for all the Staff members. 3) Workshop on computer basics & ICT skills was organized in collaboration with computer science department. 4) Talent search exam conducted in collaboration with Datta Meghe Institute, Wardha. Submission of annual report. <p>As no other subject was there, the meeting concluded with a vote of thanks.</p>

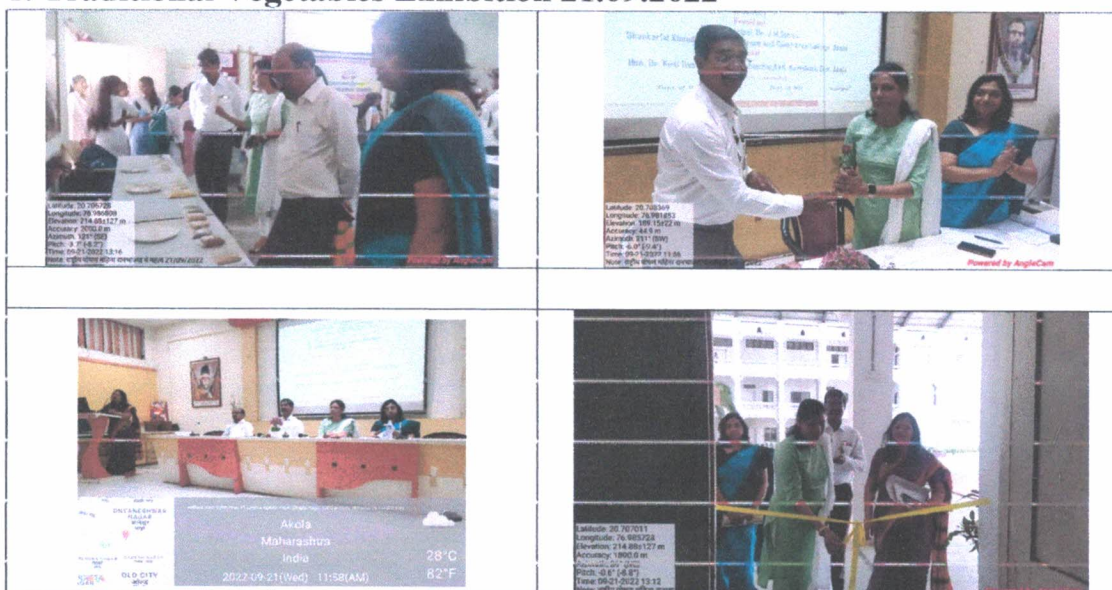
Activities of the Committee:

Counselling of Students: Throughout the session 2022 - 23, total twelve students were counseled regarding their given various issues.

Sr. No.	Name of student counseled	Class	Details
1.	Pranali Bharme	BSc II	Regarding her fear of socializing and fear of death. Hence was advised professional medical counselling
2.	Ku. Renuka Nale	BSc I	Properly channelizing her potential and participation in various activities along with academics
3.	Darshana Ujjainkar	BA I	Discipline and behavior
4.	Mr. Tushar Raut	BA II	Disability in hearing leading to low self-confidence
5.	Harshal Telghan	BA I	Discipline, Bad Academic performance (About ATKT), Regularity in college and behavior
6.	Tushar Apporva	BA I	Speech problem and low self confidence
7.	Nandini Deshmukh	BSc III	Regarding her medical issues, Health problem and academics
8.	Vrushabh Mer	BSc III	Slow responsiveness, Advised professional medical help
9.	Deepak Gawande	BSc II	Utters irrelevant topics, girls names, teachers names while sleeping, sleep problems
10.	Sakshi Pajai	BSc III	Broken engagement, marriage counselling & for continuation of higher education, peer pressure
11.	Vaishnavi Patvi	BSc III	Post marriage counselling, for continuation of higher education, balancing between home & college front
12.	Vijaya Patokar	BSc I	Class regularity & Studies, Post marriage counselling, for continuation of higher education, balancing between home & college front

Programs Organized:

1. Traditional Vegetables Exhibition 21.09.2022



2. Organization of Guest lecture on 'Stay Calm, Stay Happy' by for the teaching and non teaching staff of college and sister institutes (04.02.23)





3. Workshop on “Computer Basics and ICT Skill”:

Dept. of BCA/ B.Sc. /M.Sc. in collaboration with Counselling cell organized two days Workshop on “Computer Basics and ICT Skill” on 21st & 23rd February 2023 for Commerce students. The Resource person were Prof. Priya Shete and Prof. Anjali Maliye. The main intention/motive behind this workshop is to deliver basic knowledge about computer Ms Office and Information and Communication Technology to commerce student. Total 24 students participated in this workshop.

Topics Covered:

- Computer Fundamentals
 - Input Devices and Output Devices
 - Software And Hardware
- Microsoft Office
 - Microsoft Word
 - Microsoft Excel
 - Microsoft Powerpoint
- ICT SKILL
 - Internet
 - Google Meet/Zoom

Workshop on “Computer Basics and ICT Skill” on 21st & 22nd February 2023

Day 1: 21.02.2023

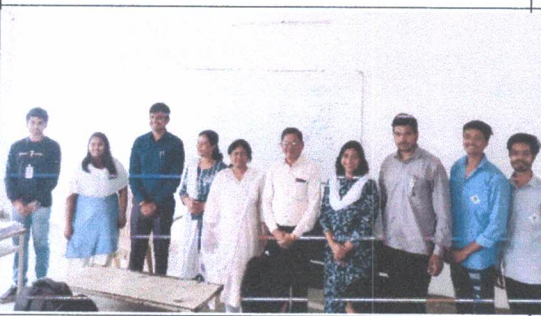


Education for Life and Life for Nation

Day 2: 22.02.2023



4. Talent Search Exam By Datta Meghe Institute, Wardha 31.03.2023



NV
Dr. Nisha V. Warade
Co-ordinator

S.N.N.
Dr. S. N. Nagare
Principal