

Shankarlal Khandelwal Arts, Science and Commerce College Akola.

Criteria –V

Student Support and Progression

5.1.3. Capacity building and skills enhancement initiatives taken by the institution.

Life Skills (Yoga, physical fitness, health and hygiene)

2021-22



Shankarlal Khandelwal Arts, Science and Commerce College, Akola.

Annual report of PSYCHO-SOCIO COUNSELLING & PERSONALITY DEVELOPMENT COMMITTEE

2021-2022



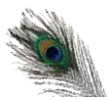
Coordinators

Dr. Nisha Warade

Members

Dr. Sandhya Kale

Mr. Ravindra Rewaskar



Education for Life and Life for Nation

Introduction:

The Psycho-Socio Counseling & Personality Development Committee in College has been formed to address the diverse psychosocial, personal and academic problems of the heterogeneous population of students.

Objectives:

- To run course to cater different need of the students for their all-round development.
- To impart soft skills, life skills and professional skills to the students.
- To design and run add on course and to deal with every aspect related to it.

Committee Meetings:

Sr. No.	Date of the Meeting	Agenda of the Meeting	Minutes of the Meeting
1.	04/12/2021	<ul style="list-style-type: none">• To plan the forthcoming sessional activities.• Any other subject with the permission of the Chair.	<ul style="list-style-type: none">• 1) Hon. Chairperson suggested conducting online sessions for the counseling of students regarding their personal, academic, psychological problems. <p>As no other subject was there the meeting concluded with a vote of thanks.</p>
2.	10/2/2022	<ul style="list-style-type: none">• Confirmation of the minutes of the last meeting held on 04.12.2021• Review of the work done.• Subject with the permission of the Chair.	<ul style="list-style-type: none">• 1) Minutes of the last meeting held on 04.12.2021 were read and confirmed.• 2) Different departments took online counseling of students regarding their personal, academic, psychological problems along with regular classes.• Discussion on the offline program arranged on 15.02.2022 on Naturopathy. <p>As there was no other subject, the meeting concluded with a vote of thanks.</p>

3.	05/03/2022	<ul style="list-style-type: none"> • Confirmation of the minutes of the last meeting held on 10.02.2022 • Review of the work done. • Subject with the permission of the chair. 	<ul style="list-style-type: none"> • 1) Minutes of the last meeting held on 10.02.2022 were read and confirmed. • 2) Program was arranged on ‘Naturopathy and Vipashyana’ on 15th Feb 2022 for all the Staff members. The resource person for the program was Shri Girishji Jain, Health care center, Kurla, Mumbai. • Offline counselling of students in progress. <p>As no other subject was there, the meeting concluded with a vote of thanks.</p>
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Activities of the Committee:

Psycho-social Counseling Committee aims to assess the prevalence of psycho-social dysfunctions among the college students (If any) which ultimately impairs their normal psychosocial development and academic performance. Psycho-social Counseling cell works for improving the different psychological attributes among the students and in this view the cell, during the session 2021-22, flashed notices on notice boards & WhatsApp groups for students to communicate their Psycho-social problems. The committee also asked all teaching and non-teaching staff to communicate the names of the students who need the counseling.

As, during the session 2021 - 22, all classes in first session were carried out virtually, so student’s counseling was provided virtually on Google meet, individual whatsapp, Zoom platform, personal calls for discussing and solving students problems/issues whenever necessary regarding syllabus, examination, covid pandemic, study material, yoga, meditation etc., along with the regular online teaching by all the teaching staff members. The purpose of these sessions was to know the students’s academic as well as personal difficulties. During the second session face-to-face counselling was done with following students for discussing and solving their problems. For this, committee members conducted individual meet for solving sensitive issues. Counseling was also rendered to the advanced learners towards excellence and qualitative results in academics.

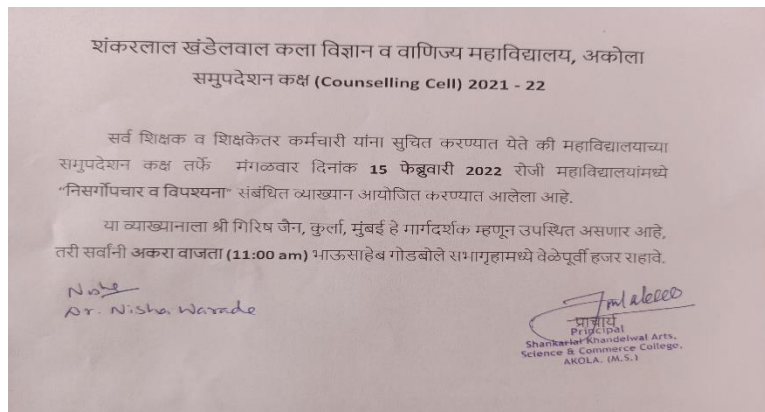
Sr. No.	Name of student counseled	Class	Details
1.	Ku. Nandini Deshmukh	BSc II	Discipline, Studies & Personal problem
2.	Ku. Yashshvi Gaikwad	BSc I	Counseling for good academic performance (a good student)
3.	Ku. Annirudha Joshi	BSc III	Counseling for good academic performance (a good student)
4.	Mr. Tushar Raut	BA I	Disability in hearing leading to low self-confidence, Personal Behavior
5.	Ku. Rutuja Gawai	BSc I	Regarding her medical issues (Diabetic & other complication)
6.	Ku. Vijeta Warthe	BSc I	Class regularity & Studies
7.	Ku. Anuradha Jungade	MA I	Pre marriage counselling, for continuation of higher education, balancing between home & college front
8	Mr. Shubham Wankhede	BCom. II	Bad Academic performance (About ATKT), Financial problems, Regularity in college

Throughout the session 2021 - 22, total eight students were counseled regarding above given various issues.

Program Organized:

Counselling program on 'Naturopathy and Vipashyana'

Counselling cell organized a program on 'Naturopathy and Vipashyana' on 15th Feb 2022 for all the Staff members. The resource person for the program was Shri Girishji Jain, Health care center, Kurla, Mumbai.





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Dr. Nisha V. Warade
Co-ordinator

Jmaboo

Dr. J. M. Saboo
Principal